

# July 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>3 Sloppy Joes Pickled beets Chips Choc cake w choc frosting Pears and peach blend 2% Milk</p>	<p>4  Center Closed Happy 4th</p>	<p>5 Pork Chop Stuffing Carrots Apple sauce Cornbread w/ Honey butter 2% Milk</p>	<p>6 Chicken Alfredo w/ noodles Vegetable Blend Mandarin Oranges Bread Stick Pumpkin choc Chip Cookie 2% Milk</p>
<p>10 Chicken Broccoli Bake Side of Veggie Brown Rice Tropical Fruit Bread w/ margarine 2% Milk</p>	<p>11 Country Fried Steak Mashed potatoes &amp; gravy Spring Blend Fruit cottage cheese salad Bread w/ margarine 2% Milk</p>	<p>12 Malibu Chicken w/ sauce Scalloped Potato Peas and carrots Fruit Cocktail Bread w/ margarine 2% Milk</p>	<p>13 Spaghetti Corn Garlic bread Apple Pie 2% Milk</p>
<p>17  Cooks Choice</p>	<p>18 Tomato Soup Chicken/Cheese Patty sandwich w/ veggies Chip Mixed fruit Soft and Chewy Oatmeal cookies 2% Milk</p>	<p>19 Hawaiian Meatballs Rice Pilaf Mixed Vegetable Pineapple Rings Bread w/ margarine 2% Milk</p>	<p>20 Tuna Salad Sandwich Green Salad Jell-o with fruit Brownie 2% Milk</p>
<p>24  Center Closed Happy 24th</p>	<p>25 Hot Dog w trimmings Potato salad Mandarin&amp; pineapple salad Cookie Frito 2% milk</p>	<p>26 Chef Salad w/ cheese Breadstick Pear's w/ lime Jell-O Cupcakes 2% Milk</p>	<p>27 Roast beef Mashed potatoes &amp; gravy Broccoli Pistachio Salad Roll w/ margarine &amp; 2% Milk</p>
<p>31 Macaroni &amp; Cheese Ham Green beans Peach parfait Bread w/ margarine 2% Milk</p>		<p>Please Call by 9 am on the day you plan to eat at the center OR the day before is even better</p>	

SUGGESTED DONATION  
SENIORS 60 AND OVER \$3.00 under 60 cost of meal is \$6.00

Menu Subject to Change and Substitutions



July 2023

## Piute County Senior Citizen's Primetime Newsletter

Community Dinner July 20, 2023

Piute County Events Center Building @ 5:30 PM

### Menu

Sloppy Joe's, Potato salad, Macaroni salad,  
Fresh fruit salad, and Strawberry Shortcake

You may bring your own plates and utensils; we will have some available for those who need them. Everyone is invited, please bring your friends for good food and fun. Dinner is \$ 7.00 per person. BINGO will follow dinner 1 Bingo card included with dinner other cards may be purchased for \$ 1.00 each. Please RSVP by Monday 17<sup>th</sup>, to one of the following numbers: Senior Center (435) 577-2183, Ruth Privitt (801)661-0244, or Beverly Hoover (435)326-2083. If you need transportation to the dinner, please let us know when you RSPV. Please leave a message if we are not available to take your call.

### JULY BIRTHDAYS:

Rebecca Ann Maroney 3, Mary Lou King 4, Christine Nielsen & Diane Russon 7, Brenda Norman 8, Afton Jensen & Ruth Shear & Rex Waddington 12, Renee Westwood & Vance Tyree 13, Glenda Burton 14, Dale Peterson & Chick Butcher 16, Joe Smith 17, Dennis Budge 18, Walter Roberts 19, Susan Patterson & Gregory Rasmussen 20, Stacie Millet 23, Shana Ackerman 24, Steve Hoagland.26, Brenda Yochim 28, Donna Behunin & Ricki Cannon 29, Brad Baxter 30, Jill Gayler and Loni Jolley 3

## MEALS ON WHEELS

The Senior Nutrition Program provides a balanced noontime meal for Seniors and Individuals with disabilities. If you have any questions regarding this program call Glenda Burton at (435)577-2183. She will be happy to assist you. You may also email her @ [gburton.piuteseniors@gmail.com](mailto:gburton.piuteseniors@gmail.com)

## PIUTE COUNTY FOOD SHARING

The date will always be the first Thursday of every month. Please call first @ (435)896-5225. Hours are 11:00 am to 2:00 pm this service is located at the Piute Events Center, 180 W. 500 N. Junction, Utah.

## FOOD BOX FOR SENIORS

Sign up for the Food Box for seniors is now open. Utah CSFP is a free food box for seniors age 60+ on a limited income. Each month participants will receive a box filled with canned fruit, vegetables, meat, cheese, cereal, milk, and grain products. Applications can be picked up at the Senior Center in Junction, Utah from 10:00 am to 2:00 pm Monday through Thursday. (Bring State issued ID and proof of residency if ID list out of county residence.)

VETERANS VAN Veterans can schedule transportation through their VA Primary Care Provider or by calling the DAV/VTS officers at the toll-free number (800) 613-4012 ext. 2003 or 2017

## TRAVEL EVENTS

The Piute Public Transit Bus will be traveling to St. George July 18<sup>th</sup>. If you are interested in this trip, please call any of the listed contact numbers in the newsletter. Those with medical needs, namely appointments and no transportation can be transported with 72 hours' notice. Call Glenda Burton @ 435-577-2183

## GET WELL WISHES TO:

Deanna Higgins, Betty Azevedo, Lenna Romine, Gary James, Yvonne Simpson, Sandra Julander, and Susan Burr

## CONDOLENCES TO THE FRIENDS AND FAMILIES OF:

Eric Bolin, Gary Dalton, Raymond Finch Jr., Steve Bird, Charlene Mitchell, DeVon Anderson

## SENIOR CITIZENS BOARD MEETING

July 25<sup>th</sup> @ 12:30 pm Piute County Events Center, everyone is invited to attend.

## CONTACT NUMBERS

Senior Center (435)577-2183, Beverly Hoover (435)326-2083 Ruth Privitt (801) 661-0244, Elsie Hussey (435) 896-3942, Valeen Brown (435)577-2898. Please leave a message if we are unable to take your call. Facebook @ Piute Senior Citizens

If you have suggestions for activities, please contact the Board members.