








 <b>MONDAY</b>	<b>July</b> <b>TUESDAY</b>	 <b>2023</b> <b>WEDNESDAY</b>	 <b>THURSDAY</b> 
3 Sloppy Joes Pickled beets Chips Choc cake w choc frosting Pears and peach blend 2% Milk	4 Center Closed Happy 4th 	5 <b>OLD TIME FIDDLERS</b> Pork Chop Stuffing Carrots Apple sauce Cornbread w/ Honey butter 2% Milk	6 Chicken Alfredo w/ noodles Vegetable Blend Mandarin Oranges Bread Stick Pumpkin choc Chip Cookie 2% Milk
10 Chicken Broccoli Bake Side of Veggie Brown Rice Tropical Fruit Bread w/ margarine 2% Milk	11 Country Fried Steak Mashed potatoes & gravy Spring Blend Fruit cottage cheese salad Bread w/ margarine 2% Milk	12 <b>DAVID AVERETT</b> Malibu Chicken w/ sauce Scalloped Potato Peas and carrots Fruit Cocktail Bread w/ margarine 2% Milk	13 Spaghetti Corn Garlic bread Apple Pie 2% Milk 
17 Cooks Choice 	18 Tomato Soup Chicken/Cheese Patty sandwich w/ veggies Chip Mixed fruit Soft and Chewy Oatmeal cookies 2% Milk	19 <b>BINGO</b> Hawaiian Meatballs Rice Pilaf Mixed Vegetable Pineapple Rings Bread w/ margarine 2% Milk	20 Tuna Salad Sandwich Green Salad Jell-o with fruit Brownie 2% Milk
24 Center Closed Happy 	25 Hot Dog w trimmings Potato salad Mandarin & pineapple salad Cookie Frito 2% milk	26 <b>RAMON DINSDALE</b> Chef Salad w/ cheese Breadstick Pear's w/ lime Jell-O Cupcakes 2% Milk	27 Roast beef Mashed potatoes & gravy Broccoli Pistachio Salad Roll w/ margarine & 2% Milk
31 Macaroni & Cheese Ham Green beans Peach parfait Bread w/ margarine 2% Milk		Please Call by 9 am on the day you plan to eat at the center OR the day before is even better	

SUGGESTED DONATION  
 SENIORS 60 AND OVER \$3.00  
 under 60 cost of meal is \$6.00

Menu Subject to Change and Substitutions

\*\*\*Please make your reservations by the day before the day you plan to eat at the center. \*\*\*  
 THANKYOU!!! 435-623-7306

