

Pahcant Senior Center 435-743-5428

Senior Nutrition Program		February 2022	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 Pork Roast Mashed Potato w/ gravy Broccoli Applesauce Roll w/ margarine 2% milk	2 Spaghetti Green salad Pears w/ Jell O Garlic Bread Applesauce cookie 2% milk	3 Malibu Chicken Yummy Potato Peas Hot Cinnamon Apple Oatmeal Cake 2% Milk
7 Pot Roast / w red potatoes carrots & onions Cook's choice Tropical Fruit Roll w/ margarine	8 Chicken Alfredo w/ noodle Peas & Carrots Mandarin Oranges Bread stick Lemon Cookie 2% Milk	9 Chili w/ cheese and onion Peaches and pears Corn muffin Fruit cocktail cake 2% milk	10 Swedish Meatballs/ rice Green Beans Red Jell-O w/Fruit Biscuit/ Margarine Valentine sugar cookie w/ frosting 2% Milk
14 Sloppy Joe Pickled Beet Chips Apple's w/ fruit Dip 2% Milk	15 Chicken Tacos w/ lettuce, tomato, onion, cheese Chips & Salsa Pear's w/ Cottage cheese Cinnamon Roll 2% Milk	16 Corn & Potato Chowder w/ Bacon Cheese Stick crackers Fruit Cocktail Blonde Brownies 2% milk	17 Turkey w/ cranberry sauce Mashed potatoes & gravy Mixed veggie Wheat Bread w/ margarine Cherry Pie 2% milk
21 <i>Closed Presidents' day</i>	22 Vegetable beef stew Cheese stick Fruit cocktail Muffins 2% milk	23 Roast Beef Mashed Potatoes & gravy Glazed Carrots Peach Cobbler Roll w/ margarine 2% milk	24 Chicken Salad Puffs Marinated Vegetable Salad Frog eye salad Choc chip Cookie 2% milk
28 Curry Chicken Baked Sweet Potato California Blend Mixed Fruit Bread w/ margarine 2% Milk			Suggested Donation Seniors 60& up \$2.50 Under 60 COST is \$5.25

PAHVANT SENIOR CITIZENS CENTER

55 South 400 West

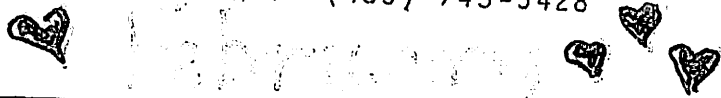
Ft. Collins, UT 84631

Phone: (435) 743-5428

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		8	9	10	11	12
	Bingo		Bingo			
13	14. Happy Valentine's Day Record Meeting 10:00 a.m. Bingo	15	16	17	18	19
			Birthday Bingo			
20	21. Closed Presidents Day 22. Ice Cream Sundae Bar Right after lunch		23	24	25	26
27	28. Old Time Tiddlers 7:00 p.m. Bingo					

PAHVANT SENIOR CITIZENS CENTER
 55 South 400 West
 Fillmore, UT 84631
 Phone: (435) 743-5428



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		1	2	3	4	5
			Bingo		"	
6.	7.	8.	9.	10.	11.	12.
	Bingo		Bingo			
13.	14. Happy St. Valentines Day Board Meeting 10:00 a.m. Bingo	15.	16. Birthday Bingo	17.	18.	19.
20.	21. Closed Presidents Day	22. Ice Cream Sundae Bar. Right after lunch.	23. Bingo	24.	25.	26.
27.	28. Old Time Fiddlers 7:00 p.m. Bingo					

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