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| **Senior Nutrition Program February 2024 435-529-3901**  **MONDAY TUESDAY WEDNESDAY THURSDAY** | | | |
| **Suggested Donation Seniors 60& up $3.00 Under 60 COST is $6.00** |  |  | 1  Tuna Pattie  Rice Pilaf  veggie  Fruit  Oatmeal Cake  2% milk |
| 5  BBQ Pork Ribblet sandwich  Chips  Pickled beet  Mandarin orange  Cookie  2% milk | 6  Swedish Meatballs/ Noodles  Green Beans  Fruit  Biscuit/ Margarine  Cake w/ Frosting  2% milk | 7  Curry Chicken  Baked Sweet Potato  California Blend  Mixed Fruit  Bread w/ margarine  2% milk | 8  Cook’s Choice |
| 12  Chicken Alfredo w/ noodle  Peas & Carrots  Mandarin Oranges  Garlic Bread  2% milk | 13  Vegetable beef stew  Cheese stick  Crackers  Tropical fruit  Breadsticks  2% milk | 14  Turkey w/ cranberry sauce  Mashed potatoes & gravy  Mixed veggie  Red Jell-O with fruit  Wheat Bread w/ margarine  Valentine Sugar Cookie  2% milk | 15  Chicken Enchilada Soup w/ sour cream and cheese  Crackers  Mixed Fruit  2% milk |
| 19  *Closed*  *Presidents’ day* | 20  Sloppy Joe  3 bean salad  Chips  Pear’s w/ Cottage Cheese  2% milk | 21  Roast Beef  Mashed Potatoes & gravy  Glazed Carrots  Frog eye Salad  Roll w/ margarine  2% milk | 22  Chicken noodle Casserole  Veggie  Fruit  Bread w/ margarine  2% milk |
| 26  Chili w/ cheese and onion  Peaches and pears  Crackers  2% milk | 27  Chicken Tacos  w/ lettuce, tomato, onion, cheese  Chips & Salsa  Fruit  Pudding  2% milk | 28  Hamburger w/ trimmings  Potato chips  Macaroni Salad  Mixed Fruit  Rice Crispy Treat  2% milk | 29  Baked Chicken  Mashed Potato & gravy  veggie  fruit  Roll w/ Margarine  2% milk |

Senior Nutrition Program MENU SUBJECT TO CHANGE AND SUBSTITUTIONS Please make reservation by 9 am on the day you plan to eat at the center!