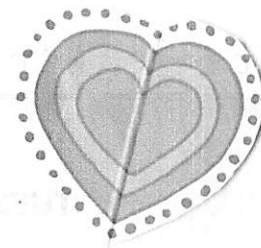


PAHVANT SENIOR CITIZENS CENTER  
 55 South 400 West  
 Fillmore, UT 84631  
 Phone: (435) 743-5428



# FEBRUARY

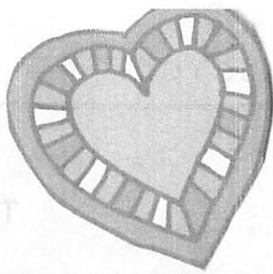
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1.	2.	3.
4.	5. Bingo	6.	7. Bingo	8.	9.	10.
11.	12. Board Meeting 10:00am. Bingo	13.	14. Happy Valentine's Day  Bingo	15.	16.	17.
18.	19. <u>Closed</u> President's Day!	20.	21.  Birthday Bingo	22.	23.	24.
25.	26. * Old * * Time Fiddlers * 7:00p.m. At the Center Bingo	27. Ice Cream Sundae Bar - After lunch	28. Bingo	29.		

Pahvant Senior Center - 435-743-5428 - Lunch served at 12:00 (noon)

Senior Nutrition Program		February 2024	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Suggested Donation</b> <b>Seniors 60&amp; up \$3.00</b> <b>Under 60 COST is \$6.00</b>			1 Tuna Pattie Rice Pilaf veggie Fruit Oatmeal Cake 2% milk
5 BBQ Pork-Ribblet sandwich Chips Pickled beet Mandarin orange Cookie 2% milk	6 Swedish Meatballs/ Noodles Green Beans Fruit Biscuit/ Margarine Cake w/ Frosting 2% milk	7 Curry Chicken Baked Sweet Potato California Blend Mixed Fruit Bread w/ margarine 2% milk	8 Beef Enchilada's Corn Cook's Choice Fruit Corn Bread
12 Chicken Alfredo w/ noodle Peas & Carrots Mandarin Oranges Garlic Bread 2% milk	13 Vegetable beef stew Cheese stick Crackers Tropical fruit Breadsticks 2% milk	14 Turkey w/ cranberry sauce Mashed potatoes & gravy Mixed veggie Red Jell-O with fruit Wheat Bread w/ margarine Valentine Sugar Cookie 2% milk	15 Chicken Enchilada Soup w/ sour cream and cheese Crackers Mixed Fruit 2% milk
19 Closed Presidents' day	20 Sloppy Joe 3 bean salad Chips Pear's w/ Cottage Cheese 2% milk	21 Roast Beef Mashed Potatoes & gravy Glazed Carrots Frog eye Salad Roll w/ margarine 2% milk	22 Chicken noodle Casserole Veggie Fruit Bread w/ margarine 2% milk
26 Chili w/ cheese and onion Peaches and pears Crackers 2% milk	27 Chicken Tacos w/ lettuce, tomato, onion, cheese Chips & Salsa Fruit Pudding 2% milk	28 Hamburger w/ trimmings Potato chips Macaroni Salad Mixed Fruit Rice Crispy Treat 2% milk	29 Baked Chicken Mashed Potato & gravy veggie fruit Roll w/ Margarine 2% milk

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