

# July 2022

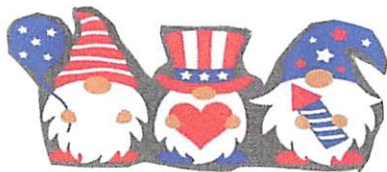
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

**Suggested Donation**  
Seniors 60 & Older \$3.00  
Under 60 full cost of  
Meal is \$6.00



**ZUMBA CLASS EVERY WEEK**  
**CALL JAN CHRISTENSEN @**  
**1-435-669-3097 FOR DETAILS**



4  
**Center Closed**  
**HAPPY 4<sup>TH</sup>**



5  
Chicken Fried Steak  
Mashed potatoes & gravy  
Spring Blend  
Pineapple / Orange Salad  
Bread w/ margarine  
2% Milk

6  
Turkey & Cheese Hoagie w/ trimmings  
Pasta salad w/ veggie  
Fruit Cup  
Pumpkin chocolate chip cookie  
2% Milk



7  
Pork Chop  
Stuffing  
Carrots  
Apple sauce  
Cornbread w/ Honey butter  
2% Milk



11  
**Cooks Choice**



12  
Tomato Soup  
Chicken Salad sandwich  
Chip  
Watermelon  
Lemon cookie  
2% Milk



13 **BIRTHDAY LUNCH**  
Malibu Chicken w/sauce  
Scalloped Potato  
Peas and carrots  
Mandarin orange  
Lemon Bars  
Bread w/ margarine  
2% Milk



**DOUG SINGING**

14  
Sloppy Joes  
Pickled beets  
Chips  
Choc cake w choc frosting  
Applesauce  
2% Milk

18  
Meatballs  
Steamed Rice  
Green beans  
Peach parfait  
Bread w/ margarine  
2% Milk



19  
Chef Salad w/ cheese  
Breadstick  
Pears  
Cupcakes  
2% Milk



20  
Roast beef  
Mashed potatoes & gravy  
Broccoli  
Pistachio Salad  
Roll w/ mar  
2% Milk



**OLD TIME FIDDLERS**

21  
Hot Dog w/trimmings  
Potato salad  
Mandarin & Pineapple  
Frito  
Cookie  
2% Milk



25  
**CENTER CLOSED**  
**HAPPY PIONEER DAY**



26  
Spaghetti  
Green salad  
Garlic bread  
Dutch Apple Pie  
2% Milk



27  
Chicken Alfredo  
Vegetable Blend  
Bread stick  
Pineapple upside down cake  
2% Milk

28  
Meatloaf  
Baked potato w/ sour cream  
Mixed veggie  
Jell-O w/ Fruit  
Roll w/ mar  
2% Milk

Menu Subject to Change and Substitutions

**PLEASE CALL 435-864-2682 NO LATER THAN 10:00 A.M. FOR LUNCH**  
**LUNCH IS SERVED AT 12:00 P.M. THANK YOU!**

