

Announcements for March 2023

Board Meeting will be on Wednesday, in the dining room after lunch.

The bus will be tentatively going to the Provo area on Friday, March 3rd. Meet in the church parking lot at 9 a.m. If you would like to go, Please call the senior office (436-8275) to be put on the list.

The monthly birthday dinner will be on Thursday, March 23rd, at noon in the dining room. The menu will be Pulled Pork, Baked Beans, Cole Slaw, Fruit and Dessert. There will be entertainment that day also. Please call 436-8275 to be put on the list to attend.

We still have a few Moroni Cook Books available. They make wonderful gifts for Birthdays, Christmas or Weddings. They are \$20 each. You can pick them up in the Senior office at the city hall, Monday through Thursday 8:30 to 2:00. Get yours before they are gone.

Senior Nutrition Program		March 2023	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>Suggested Donation Seniors 60 & older \$3.00 Under 60 full cost of meal is \$6.00</p>		<p>1 BBQ Pork Baked Potato w/ sour cream Broccoli Mandarin orange Dinner Roll w/ margarine 2% Milk</p>	<p>2 Hamburger w/ trimmings Potato chips Macaroni salad Mixed Fruit Rice Crispy treat 2% Milk</p> <p><i>3rd row</i></p>
<p>6 Fish Fillet w/ tartar sauce Brown rice pilaf Veggie Blend Tropical fruit 2% Milk</p>	<p>7 Hamburger Veggie & barley Soup Peaches Sugar Cookie Bar 2% Milk</p>	<p>8 Sweet & Sour Chicken Rice Peas Banana Bread Applesauce 2% Milk</p>	<p>9 Philly cheese Sandwich 3 bean Salad Potato chips Hot Apples 2% Milk</p>
<p>13 Cook's Choice Pizza Green Salad Fruit Dessert</p>	<p>14 Chicken Sandwich w/ trimmings Fruit salad Carrot & raisin salad Chips Pickle spear 2% Milk</p>	<p>15 Meatloaf Scalloped Potatoes Green beans pineapple Bread & margarine 2% milk</p> <p><i>Board meeting</i></p>	<p>16 Roast Beef w/ carrots, potatoes & Gravy Green Jell o w/ pears Pistachio cake Buttermilk Biscuit 2% Milk</p>
<p>20 Tuna Sandwich Pickle & Chips ½ of a Fresh Banana Choc Mousse Pudding 2% Milk</p>	<p>21 Hamburger Casserole Mixed Veggies Orange jell O w/ mandarin orange Peanut butter bar Breadstick 2 % Milk</p>	<p>22 Chicken Noodle Soup w veggie Peaches crackers 2% Milk</p>	<p>23 Pulled Pork Sandwich Baked Beans Cole Slaw Fruit cocktail Dessert 2% Milk</p> <p><i>Party</i></p>
<p>27 Ham Scalloped Potatoes Peas Tropical Fruit 2% Milk</p>	<p>28 Chicken Pillows w/ gravy Carrots w/ fresh parsley Fruit cup Gingerbread w/ lemon sauce 2% Milk</p>	<p>29 Hot Dog w/ Trimmings Macaroni Salad Chip & pickle spear Pears Monster cookie 2% Milk</p>	<p>30 Chicken Cordon Bleu Casserole Green Beans Pineapple/mandarin orange salad Bread w/ margarine Milk 2%</p>

Senior Nutrition Program
District IV
PO Box 820

MENU SUBJECT TO CHANGE

**Please make your reservation by 9:00 a.m.
on the day you plan to eat at the center.