

Senior Nutrition Program		September 2022	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<i>Moroni</i>			1 Baked Ham Sweet Potatoes Green Beans Applesauce Roll w/ margarine 2% Milk
5 LABOR DAY <u>CLOSED</u>	6 Fish Fillet Rice pilaf Mix Vegetable Fruit Peanut butter oatmeal cake 2% milk <i>Ice cream & Bingo</i>	7 Lasagna Corn Hot cinnamon Apples Garlic Bread 2% Milk	8 Shepherd's Pie Carrots Cottage Cheese w/ Pineapple Roll w/ mar Cookie 2% Milk
12 Cooks Choice	13 Sloppy Joe 3 bean salad Fresh Fruit Chips No Bake Cookie 2% milk	14 Beef Stroganoff Green Beans Fruit w/ jell O Cheesy biscuit Choc Cake 2% Milk	15 Turkey Roast Mashed Potatoes w/ Gravy Beets Peaches Wheat Dinner Roll/ Margarine 2% Milk
19 Hawaiian Chicken w pepper, onion and pineapple Chinese noodles Vegetables Mandarin oranges Fortune Cookie 2% milk	20 Beef stew with veggies Cheese stick Fruit Cocktail Choc chip cookie Bread Stick 2% Milk	21 Turkey Broccoli Casserole Side of a veggie Red Potatoes Pears Corn Bread 2% Milk	22 Roast Beef Mashed potatoes & gravy Peas & Carrot Peach pie Roll w/ margarine 2% milk <i>Birthday Dinner</i>
26 Breaded Chicken Sandwich chips Peas Tropical Fruit Chocolate Mousse pudding 2% Milk	27 Corn Chowder with Bacon Cheese Stick Oatmeal Raisin Cookie Pineapple/mandarin Muffin 2% Milk	28 Pork Chop Stuffing & gravy Broccoli Applesauce Wheat roll w/ margarine 2% Milk	29 Tamale Pie Corn Bread Glazed Carrots Fruit Gingerbread/ sauce

Please call on the day you plan to eat at the center by 9a.m. Thanks
MENU SUBJECT TO CHANGE AND SUBSTITUTIONS THANK YOU

SUGGESTED DONATION SENIORS 60 AND OVER \$2.50
UNDER 60 COST OF MEAL IS \$5.50

436-8275

Moroni

Announcements for September 2022

We will be closed on Monday, September 5th for Labor Day. There will be no meals served or delivered on that day.

Board Meeting will be on Wednesday, September 21st, in the dining room after lunch.

Ice Cream and Bingo will be on Tuesday, September 6th, in the dining room after lunch.

The bus will be tentatively going to the Provo area on Friday, September 2nd. Meet in the church parking lot at 10:00 a.m. If you would like to go, please call the senior office (436-8275) to be put on the list.

The monthly birthday dinner will be on Thursday, September 22nd, at noon in the dining room. The menu will be Roast Beef, Mashed Potatoes & gravy, Vegetable, Roll and dessert. There will be entertainment that day also. Please call 436-8275 to be put on the list to attend.

We still have Moroni Cook Books available. They make wonderful gifts for Birthdays, Christmas or Weddings. They are \$20 each. You can pick them up in the Senior office at the city hall, Monday through Thursday 8:30 to 2:00.