

Pahvant Senior Center 435-743-5428



Senior Nutrition Program		March 2023	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>Suggested Donation Seniors 60 & older \$3.00 Under 60 full cost of meal is \$6.00</p>		<p>1 BBQ Pork Baked Potato w/ sour cream Broccoli Mandarin orange Dinner Roll w/ margarine 2% Milk</p>	<p>2 Hamburger w/ trimmings Potato chips Macaroni salad Mixed Fruit Rice Crispy treat 2% Milk</p>
<p>6 Fish Fillet w/ tartar sauce Brown rice pilaf Veggie Blend Tropical fruit 2% Milk</p>	<p>7 Hamburger Veggie & barley Soup Peaches Sugar Cookie Bar 2% Milk</p>	<p>8 Pork Chop Au gratin potatoes Calif Blend Banana Bread Applesauce 2% Milk</p>	<p>9 Philly cheese Sandwich w/ grilled onions and green peppers 3 bean Salad Potato chips Hot Apples 2% Milk</p>
<p>13 Chili w/ cheese and onion Peaches and pears Corn muffin Fruit cocktail cake 2% milk <i>Cooks Choice</i></p>	<p>14 Chicken Sandwich w/ trimmings Fruit salad Carrot & raisin salad Chips Pickle spear 2% Milk</p>	<p>15 Meatloaf Scalloped Potatoes Green beans pineapple Bread & margarine 2% milk</p>	<p>16 Corned Beef or Pot Roast w/ cabbage, carrots, potato Green Jell o w/ pears Pistachio cake Buttermilk Biscuit 2% Milk</p>
<p>20 Chicken Noodle Soup w veggie Peaches crackers 2% Milk</p>	<p>21 Hamburger Casserole Mixed Veggies Orange jell O w/ mandarin orange Peanut butter bar Breadstick 2 % Milk</p>	<p>22 Pulled pork Baked Beans Cole Slaw Fruit cocktail Corn bread 2% Milk</p>	<p>23 Swiss Steak Yummy Potatoes ½ of a Fresh Banana Choc Mousse Pudding 2% Milk</p>
<p>27 Ham Scalloped Potatoes Peas Tropical Fruit 2% Milk</p>	<p>28 Chicken Pillows w/ gravy Carrots w/ fresh parsley Fruit cup Gingerbread w/ lemon sauce 2% Milk</p>	<p>29 Hot Dog w/ Trimmings Macaroni Salad Chip & pickle spear Pears Monster cookie 2% Milk</p>	<p>30 Chicken Cordon Bleu Casserole Green Beans Pineapple/mandarin orange salad Bread w/ margarine Milk 2%</p>


Senior Nutrition Program
District IV
PO Box 820

MENU SUBJECT TO CHANGE

**Please make your reservation by 9:00 a.m.
on the day you plan to eat at the center.

PAHVANT SENIOR CITIZENS CENTER
 55 South 400 West
 Fillmore, UT 84631
 Phone: (435) 743-5428

 MARCH 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Bingo			
5	6	7	8	9	10	11
	Bingo		Bingo			
12	13 Board Meeting 10:00 a.m.	14	15  Birthday Bingo	16	17	18
	Bingo					
19	20	21 Ice Cream Sundae Bar - After Lunch	22	23	24	25
	Bingo		Bingo			
26	27 * Old * Time Fiddlers * 7:00 p.m. Bingo	28	29	30	31	
			Bingo			