

Announcements for November, 2022

The center will be closed on Thursday, November 10 for Veterans Day, also it will be closed on Wednesday and Thursday, November 23rd and 24th for Thanksgiving. No meals will be delivered or served in the dining room on these days.

Board Meeting will be on Wednesday, November 16th, in the dining room after lunch.

Ice Cream and Bingo will be on Tuesday, November 1st, in the dining room after lunch.

Beginning on Tuesday, November 1st, there will be exercise in the meeting room at 11:00 a.m.

The bus will be tentatively going to the Provo area on Friday, November 4th, meet in the church parking lot at 10:00 a.m. If you would like to go, please call the senior office (436-8275) to be put on the list.

The monthly birthday dinner will be on Thursday, November 17th, at noon in the dining room. The menu will be Turkey, cranberries, candied yams, mashed potatoes/gravy, dressing, salad, green beans, dinner rolls and pumpkin pie. There will be entertainment that day also. Please call 436-8275 to be put on the list to attend.

We still have Moroni Cook Books available. They make wonderful gifts for Birthdays, Christmas or Weddings. They are \$20 each. You can pick them up in the Senior office at the city hall, Monday through Thursday 8:30 to 2:00.

Meroni

Senior Nutrition Program		November 2022	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 Teriyaki Chicken Fried Rice w/ peas & carrots Stir Fry Veggies Cottage cheese w/ Pineapple 2% Milk	2 Hot Hamburger w/ grilled onion Mashed Potato & gravy Green Beans Mandarin Orange Hot roll 2% Milk	3 Chicken Alfredo Egg Noodles Calif Blend Fruit Pumpkin choc chip cookie 2 % milk
7 Stuffed Green Peppers Vegetable Blend Tropical blend Bread O Henry Bar 2% Milk	8 Chicken noodle soup w/ carrot, celery Cheese stick Crackers Fruit cup 2% Milk	9 Swedish Meatballs over Noodles Normandy Blend Jell- w/ Mandarin oranges Bread pudding w/ lemon sauce 2% Milk	10 Veterans Day CENTER CLOSED
14 Baked Ham Scalloped Potatoes Peas Mixed Fruit Corn Bread 2% milk	15 Roast Beef Mashed potato w/ gravy Green beans Frog Eye Salad Wheat Bread w/ margarine 2% Milk	16 Baked Fish Rice Pilaf Cinnamon Applesauce Broccoli 2% Milk	17 Thanksgiving Dinner Turkey Cranberries, Candied Yams Mashed Potato/ Gravy, Dressing Cranberry salad, Green Beans Pumpkin Pie Dinner Roll/ Margarine 2% Milk
21 Beef barley & vegetable Soup Cheese stick Crackers Mixed Fruit Apple Cake w sauce 2% milk	22 Cooks Choice Corn Chowder Pears Brownie	23 Center Closed	24 Thanksgiving Center Closed
28 Country Fried Steak Mashed potato/ gravy Corn Pears Rolls/Margarine cookie 2% Milk	29 Beef Enchilada Glazed Carrots Fruit Salad Cheddar Biscuit Brownie 2% Milk	30 Honey BBQ Chicken Baked Potato /sour cream Peas Dinner Roll w/ Margarine Tropical fruit 2% milk	60 + suggested donation \$3.00 Under 60 Cost \$6.00 Please make your reservation by 9:00 am on the day you plan to eat at the center.

436-8275