

Senior Nutrition Program

December 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Suggested Donation
Seniors 60 & Older \$3.00
Under 60 price of
Meal is \$6.00



ZUMBA CLASS EVERY WEEK
CALL JAN CHRISTENSEN @
1-435-669-3097 FOR DETAILS

1 Pork
Baked sweet potato
Broccoli
Applesauce
Cinnamon raisin bread
2 % Milk



5 Cooks Choice



6 Chicken Strips w/ chick fila sauce
Carrot & Raisin Salad
Baked Beans
Pears and cottage cheese
2% Milk



7 CHRISTMAS DINNER
Sliced Ham
Green Bean casserole
Yummy potatoes
Dinner Roll w/ Roadhouse
Fruit Salad margarine
Cream Pie
2% Milk



8 Taco Soup w/ cheese & sour cream
Frito's
Fruit
Cinnamon Roll
2% Milk



12 Ground Beef Taco w/ lettuce
tomato, onion, kidney beans,
cheese soft tortilla
Chips and salsa
Pineapple & mandarin w/ sour cream
2% milk

13 Turkey cheese sandwich w/ lettuce,
pickle and tomato
3 bean salad
Peaches in Jell O
Snickerdoodle cookie
2% milk



14 BIRTHDAY LUNCH
Meatloaf
Baked Potato w/ sour cream
Peas and Carrots
Applesauce
Roll
2% Milk

DOUG SINGING

15 Navy bean and Ham Soup
Cheese stick
Fruit Cup
Bread stick
Chocolate Mouse pudding
2 % Milk



20 Merry Christmas

CLOSED



21 Merry Christmas

CLOSED



22 Merry Christmas

CLOSED



23 Merry Christmas

CLOSED



27 Happy New Year

CLOSED



28 Happy New Year

CLOSED



29 Happy New Year

CLOSED

330 Happy New Year

CLOSED



MENU SUBJECT TO CHANGE AND SUBSTITUTIONS
PLEASE CALL 435-864-2682 NO LATER THAN 10:00 A.M. FOR LUNCH. LUNCH IS SERVED AT 12:00 P.M. THANK YOU!

