

Senior Nutrition Program		March 2023	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>Suggested Donation Seniors 60 &amp; older \$3.00 Under 60 full cost of meal is \$6.00</b></p>		<p>1 BBQ Pork Baked Potato w/ sour cream Broccoli Mandarin orange Dinner Roll w/ margarine 2% Milk</p>	<p>2 Hamburger w/ trimmings Potato chips Macaroni salad Mixed Fruit Rice Crispy treat 2% Milk</p>
<p>6 Fish Fillet w/ tartar sauce Brown rice pilaf Veggie Blend Tropical fruit 2% Milk</p>	<p>7 Hamburger Veggie &amp; barley Soup Peaches Sugar Cookie Bar 2% Milk</p>	<p>8 Pork Chop Au gratin potatoes Calif Blend Banana Bread Applesauce 2% Milk</p>	<p>9 Philly cheese Sandwich w/ grilled onions and green peppers 3 bean Salad Potato chips Hot Apples 2% Milk</p>
<p>13  Cooks Choice</p>	<p>14 Chicken Sandwich w/ trimmings Fruit salad Carrot &amp; raisin salad Chips Pickle spear 2% Milk</p>	<p>15 Meatloaf Scalloped Potatoes Green beans pineapple Bread &amp; margarine 2% milk</p>	<p>16 Corned Beef or Pot Roast w/ cabbage, carrots, potato Green Jell o w/ pears Pistachio cake Buttermilk Biscuit 2% Milk</p>
<p>20 Chicken Noodle Soup w veggie Peaches crackers 2% Milk</p>	<p>21 Hamburger Casserole Mixed Veggies Orange jell O w/ mandarin orange Peanut butter bar Breadstick 2 % Milk</p>	<p>22 Pulled pork Baked Beans Cole Slaw Fruit cocktail Corn bread 2% Milk</p>	<p>23 Swiss Steak Yummy Potatoes ½ of a Fresh Banana Choc Mousse Pudding 2% Milk</p>
<p>27 Ham Scalloped Potatoes Peas Tropical Fruit 2% Milk</p>	<p>28 Chicken Pillows w/ gravy Carrots w/ fresh parsley Fruit cup Gingerbread w/ lemon sauce 2% Milk</p>	<p>29 Hot Dog w/ Trimmings Macaroni Salad Chip &amp; pickle spear Pears Monster cookie 2% Milk</p>	<p>30 Chicken Cordon Bleu Casserole Green Beans Pineapple/mandarin orange salad Bread w/ margarine Milk 2%</p>