



April 2023

Piute County Senior Citizen's
Primetime Newsletter

Community Dinner April 20, 2023

Piute County Events Center Building @ 5:30 PM

Menu

Pork Roast, mashed potatoes and gravy, jello salad, corn, rolls
Ice cream sandwiches

You may bring your own plates and utensils; we will have some available for those who need them. Everyone is invited, please bring your friends for good food and fun. Dinner is \$ 7.00 per person. BINGO will follow dinner 1 Bingo card included with dinner other cards may be purchased for \$ 1.00 each. Please [RSVP](#) by Monday April 17, to one of the following numbers: Senior Center (435) 577-2183, Ruth Privitt (801)661-0244, Elsie Hussey (435) 869-3942 or Beverly Hoover (435)326-2083. If you need transportation to the dinner, please let us know when you RSVP. Please leave a message if we are not available to take your call.

April Birthdays

Nadine Falls 1, Robert Lay & Mila Gleave 2, Diana Russon 6, Ronnie Ray Maroney 10, Georgie Dalton & Monty Moss 11, Len Mills & Katie Peterson 12, Pam Lewis & Marian Bandurraga 13, Mary Lay 14, Norm Cropper 16, Randy Johnson & Cheryl Jensen & Theodore Carlos 20, Kathy Barnson 21, Michael Norman 25, and Shana Shields 29.

MEALS ON WHEELS

The Senior Nutrition Program provides a balanced noontime meal for Seniors and Individuals with disabilities. Questions regarding this program call Glenda Burton at (435)577-2183. She will be happy to assist you. You may also contact her by email @ gburton.piuteseniors@gmail.com

PIUTE COUNTY FOOD SHARING

The date will always be the first Thursday of every month. Please call first @ (435)896-5225. Hours are 11:00 am to 2:00 pm this service is located at the Piute Events Center, 180 W. 500 N. Junction, Utah. **There will be no open shopping during this time. The food will be boxed and ready for pickup at your appointed time.**

FOOD BOX FOR SENIORS

Sign up for the Food Box for seniors is now open. Utah CSFP is a free food box for seniors age 60+ on a limited income. Each month participants will receive a box filled with canned fruit, vegetables, meat, cheese, cereal, milk, and grain products. Applications can be picked up at the Senior Center in Junction, Utah from 10:00 am to 2:00 pm Monday thru Thursday. (Bring State issued ID and proof of residency if ID list out of county residence.)

SENIOR CITIZENS BOARD MEETING

April 25th @ 12:30 pm Piute County Events Center, everyone is invited to attend.

HEAT PROGRAM

The Heat Program is open. The number for information is: 435-893-0745 Maureen Allred is the administrator for this program

VITA

Free tax preparation, for more information please contact: Shara Bastian (435) 893-0728.

VETERANS VAN

Veterans can schedule transportation through their VA Primary Care Provider or by calling the DAV/VTS officers at the toll-free number (800) 613-4012 ext. 2003 or 2017. ALL TRANSPORTATION appointments must be scheduled at least 48 hours in advance to ensure there is a seat reserved for you on the van.

GET WELL WISHES TO:

Deanna Higgins, Betty Azevedo, Zina Wiltshire, Eric Bolen, Pauline Bird, Steve Bird, Ginny Tyree, Gary James, and Susan Burr

CONDOLENCES TO THE FRIENDS AND FAMILIES OF:

Russell Kennedy, Keith Barben, Jeremy Willey, Marjorie Robinson, Linda Orton, and Justin Groff

CONTACT NUMBERS

Senior Center (435)577-2183, Beverly Hoover (435)326-2083 Ruth Privitt (801) 661-0244, Elsie Hussey (435) 896-3942, Valeen Brown (435)577-2898. Please leave a message if we are unable to take your call. Facebook @ Piute Senior Citizens

TRAVEL EVENTS

The Piute Public Transit Bus will be traveling to St. George April 13th for medical and shopping, Cedar City April 26th, if you are interested in these trips, please call any of the listed contact numbers in the newsletter. The bus will be going to St George to a DAV meeting April 8th all veterans interested in going please call Paul Wayman @ 435-618-0346. All trips are conditional with weather permitting. Those with medical needs, namely appointments and no transportation can be transported with **72** hours' notice. Call Glenda Burton @ 435-577-2183

If you have suggestions for activities, please contact a Board member.

April 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Suggested Donation Seniors 60 & Older \$3.00 Under 60 full cost of Meal is \$6.00		
3 Country Fried Steak Mashed potatoes w/ country gravy Mixed Vegetable Tropical fruit Bread w/ margarine 2% Milk	4 Taco Salad Chip & Salsa Peaches Carrot Cake 2% Milk	5 Lasagna Corn Hot Cinnamon Apples Garlic Bread 2% Milk	6 Turkey and Stuffing Bake w/ gravy Cranberry Sauce Seasoned Green Beans Pear crisp Bread w/ margarine EASTER TREAT 2% Milk
10 Cooks Choice	11 Tuna Wrap Cole Slaw Potato Chips Peaches Brownie w Choc Frosting 2% Milk	12 Chicken Cordon Bleu Rice pilaf Normandy blend veggie Fruit salad 2% milk	13 Meatloaf Mashed potato/gravy Carrots Applesauce Roll w/ Margarine O Henry Bar 2% milk
17 Beef Stroganoff over noodles Green beans Fruit Dinner Roll w/ Margarine 2% milk	18 Ham & Bean Soup Cheese stick Fruit cup Crackers Choc crinkle cookies 2% Milk	19 Lemon Pepper Chicken Au gratin potato Beets Bread w/ margarine Fruit 2% Milk	20 Chef Salad w/turkey, Ham & Cheese Pears w/ cottage cheese Bread stick Peanut Butter Cookie 2%Milk
24 Fish Fillet w/ tartar sauce Alfredo noodles Calif Blend Fruit cocktail Bread w/ margarine 2% milk	25 French Dip w/au jus Chips Macaroni salad w veggie Peaches Jell o Poke Cake 2% Milk	26 Chicken Ala King over rice Side of Peas/carrots Mandarin Orange Biscuits 2% Milk	27 Shepherd's Pie Side of green beans Tapioca pudding fruit Raisin filled cookies 2% Milk

Senior Nutrition Program
District IV
PO Box 820
Richfield, UT 84701

MENU SUBJECT TO CHANGE AND SUBSTITUTIONS

**Please make your reservation by 9:00 a.m.
on the day you plan to eat at the center.
THANK YOU!!!1/11-ehk