

PAHVANT SENIOR CITIZENS CENTER
 55 South 400 West
 Fillmore, UT 84631
 Phone: (435) 743-5428



APRIL



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	Bingo		Bingo			
9	10. Board Meeting 10:00 a.m.	11.	12.	13.	14	15.
	Bingo		Bingo			
16.	17.	18. Ice Cream Sundae Bar After lunch	19.	20.	21.	22
	Bingo		Birthday Bingo			
23.	24. Old Time Fiddlers 7:00 p.m.	25.	26.	27.	28.	29.
	Bingo		Bingo			
30						

Pahvant Senior Center - 435-743-5428

April 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<p>Suggested Donation Seniors 60 & Older \$3.00 Under 60 full cost of Meal is \$6.00</p>		
<p>3 Country Fried Steak Mashed potatoes w/ country gravy Mixed Vegetable Tropical fruit Bread w/ margarine 2% Milk</p>	<p>4 Taco Salad Chip & Salsa Peaches Carrot Cake 2% Milk</p>	<p>5 Lasagna Corn Hot Cinnamon Apples Garlic Bread 2% Milk</p>	<p>6 Turkey and Stuffing Bake w/ gravy Cranberry Sauce Seasoned Green Beans Pear crisp Bread w/ margarine EASTER TREAT 2% Milk</p>
<p>10 <i>Cooks Choice</i> <i>Chicken Tortilla Casserole</i> <i>Peas</i> <i>Lemon Fruit Salad</i></p>	<p>11 Tuna Wrap Cole Slaw Potato Chips Peaches Brownie w Choc Frosting 2% Milk</p>	<p>12 Chicken Cordon Bleu Rice pilaf Normandy blend veggie Fruit salad 2% milk</p>	<p>13 Meatloaf Mashed potato/gravy Carrots Applesauce Roll w/ Margarine O Henry Bar 2% milk</p>
<p>17 Beef Stroganoff over noodles Green beans Fruit Dinner Roll w/ Margarine 2% milk</p>	<p>18 Ham & Bean Soup Cheese stick Fruit cup Crackers Choc crinkle cookies 2% Milk</p>	<p>19 Lemon Pepper Chicken Au gratin potato Beets Bread w/ margarine Fruit 2% Milk</p>	<p>20 Chef Salad w/turkey, Ham & Cheese Pears w/ cottage cheese Bread stick Peanut Butter Cookie 2%Milk</p>
<p>24 Fish Fillet w/ tartar sauce Alfredo noodles Calif Blend Fruit cocktail Bread w/ margarine 2% milk</p>	<p>25 French Dip w/au jus Chips Macaroni salad w veggie Peaches Jell o Poke Cake 2% Milk</p>	<p>26 Chicken Ala King over rice Side of Peas/carrots Mandarin Orange Biscuits 2% Milk</p>	<p>27 Shepherd's Pie Side of green beans Tapioca pudding fruit Raisin filled cookies 2% Milk</p>

Senior Nutrition Program
 District IV
 PO Box 820
 Richfield, UT 84701

MENU SUBJECT TO CHANGE AND SUBSTITUTIONS

**Please make your reservation by 9:00 a.m.
 on the day you plan to eat at the center.
 THANK YOU!!!1/11-ehk